



SUMMER TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each
 Book online at facefamilyadvice.co.uk

<p>2 FREE SESSIONS</p> <p>Cannabis & Ketamine Awareness</p> <p>Supporting Kids with School Anxiety</p>	<p>30 JUL</p> <p>26 SEP</p>
Understanding Addictive Behaviour	11 JUL, 8 AUG, 5 SEP
Understanding the Teenage Brain	15 JUL
Raising Self-Esteem	16 JUL
Supporting a Child with ADHD	18 JUL, 15 AUG, 24 SEP
Anxiety Explained	25 JUL, 22 AUG
Understanding Anger	29 JUL, 26 AUG, 23 SEP
Introduction to OCD	6 AUG
Improving Family Communication	12 AUG
Autism: Improving Communication	8 JUL, 5 AUG, 2 SEP
What is ACT?	9 JUL, 3 SEP
Decreasing Depression	23 JUL
Supporting Healthy Sleep	20 AUG
Todays Teens & Today's Drugs	27 AUG