

**NON CONTACT KARATE
TAUGHT BY FULLY
QUALIFIED INSTRUCTORS**



**EVERYONE WELCOME
FROM 4 YEARS OLD**

**WE TEACH TRADITIONAL KARATE ENCOURAGING
CONFIDENCE, RESPECT, DISCIPLINE, SELF
AWARENESS AND AGILITY IN A FUN &
CONTROLLED ENVIRONMENT. ALL CLASSES ARE
FRIENDLY, INFORMATIVE & CATER TO THE
INDIVIDUAL NEEDS OF THE STUDENT.**



EMAIL: info@southernkarate.org to book your place

FOXHILLS JUNIOR SCHOOL

WEDNESDAYS 3:15PM

£5.50 PER CLASS – PAY AS YOU GO

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**Child Protection
in Sport Unit**

