

Why are we having a federation festival rather than an infant and junior sports day?

Having a federation festival is an opportunity to unite the two schools and have the children all participate in activities at the same time. Having the space outside allows this as the perfect opportunity to do this as a sports event.

How will Sports Day run?

This year, our Federation sports day will take place as a sports festival to promote healthy competition and maximum participation in physical activity. The sports festival will run from 9:00 until roughly 12:15pm.

There will be a warm up at the beginning of the sports day led by dance club and then the children will go off to their starting activities.

The children will rotate around 15 stations:

- speed bounce
- step in and out
- self-rally
- throw game
- points in a hoop
- target throw
- hockey agility dribble relay
- football agility dribble relay
- egg & spoon relay
- shuttle run relay
- skipping
- cross the swamp
- sprint race
- 2 separate rest stations

At each station, the children will be working in houses, as a team, to compete against each other by gaining the most points. The house with the most points will be the overall winner on the day. At each station, the results for each group and house will be recorded and teachers will announce the winners after each activity. Throughout the event, we will give live updates about the leader board.

Children are expected to apply their knowledge of the six cogs they have been working on throughout the school year (Personal, Social, Cognitive, Creative, Physical and Health and Fitness) when undertaking each activity. To ensure all children are suitably challenged, each activity has been adjusted for EYFS, KS1 and KS2 as this will ensure all children can participate.

At the end of the morning, approximately 11:15, we will have final competitive running races. These races will be for the fastest two children in each house (boys and girls) and have been determined after the heats that have taken place in school this week. The sprint finals will be:

- Long distance finals

- 1 Lap of the track – Year 3 / 4
- 2 laps of the track year 5/6
- Year R and 1 - 50m sprint
- Year 2 and 3 - 75m sprint
- Years 4,5,6 - 100m sprint.

After these races, the junior school children will then participate in a relay race (participating children have been selected from the heats).

We will conclude the event with a teachers race and if possible we will announce the winning house.

What is the purpose of having a festival rather than a traditional day?

Our Federation sports day will take place as a sports festival to promote healthy competition and maximum participation in physical activity and that that all children can participate, be active, have fun and enjoy the experience. We also want to build positive relationships through team- work

Are there running races?

Yes, as part of the rotation where the children will race against one person from each house. At times to even out the numbers 2 children may run from each house.

At the end of festival there will be some final competitive running races for each year. These races will be for the fastest two children in each house (boys and girls) and have been determined after the heats that have taken place in school this week. The sprint finals will be:

Long distance finals

- 1 Lap of the track – Year 3 / 4
- 2 laps of the track year 5/6

Sprint Finals

- Year R and 1 - 50m sprint
- Year 2 and 3 - 75m sprint
- Years 4,5,6 - 100m sprint.

After these races, the junior school children will then participate in a relay race (participating children have been selected from the heats this week).

How will I know which activity my child is at if I have more than one child within the federation?

Your child will be going around with their class teacher and slips will be sent home to inform you of the order of activities that your child is in, the order of the activities the week of sports day. You will also be advised if your child is running in the races, following the heats. Each staff teacher will have a copy of the groups if anyone is unsure of the groups and a

map and a copy of the group rotations will be on a board. After each rotation the activity will be crossed off so everyone knows where we are on the rotation.

Can we use any toilets?

Spectator toilets can be accessed via the playground and will be clearly signposted

What toilets do I use with younger siblings?

Spectator toilets can be accessed via the playground and will be clearly signposted and should also be used by younger siblings and accompanied by their adult.

Where do we watch the activities?

On the outside of the all-weather track there are chairs at each station where you can watch the children participate in each activity. We ask that all spectators stay this side of the track. There is a map to clearly show this.

Is it possible to have any refreshments?

Throughout the event the FOF'S will be selling soft drinks, which are for spectators only. We will ensure that the children have regular access to water.

How is this sports morning competitive?

At each station, the children will be working in houses, as a team, to compete against each other by gaining the most points. The house with the most points will be the overall winner on the day. At each station, the results for each group and house will be recorded and teachers will announce the winners after each activity. Throughout the event, we will give live updates about the leader board.

At the end of the festival there is a competitive running race where children have competed in heats to determine the fastest two children in each house (boys and girls).

Where can children fill up water bottles?

Water can be refilled using water jugs by the rest stations