



FOXHILLS JUNIOR SCHOOL

Foxhills, Ashurst, Hampshire, SO40 7ED
adminjuniors@foxhillsfederation.co.uk
www.foxhillsjuniorschool.co.uk
(023) 8029 2126
Headteacher: Mrs Lucy Howe

Sporting update.

We are proud to share our ongoing commitment to providing children with opportunities to participate in sporting events and competitions organised by the New Forest School Sports Partnership (NFSSP). Each event comes with **specific criteria** outlining its purpose and the target group, allowing us to carefully tailor our selections. Our aim is to ensure that every child has the chance to engage in at least one sporting event **across each school phase** (years 1/2, years 3 /4 and years 5/6). At present there are no events for our year R children.

Selection Criteria

Each sporting event is sent to us with its own focus criteria. The five key areas ensure holistic development through these events:

1. Physical Me: Developing physical literacy and the movements of the body, aimed at pupils who lack motivation or confidence in PE and those who need to be physically active.
2. Social Me: Developing teamwork, cooperation, and leadership, aimed at pupils who find it difficult to connect with groups or make friends.
3. Thinking Me: Making effective decisions and evaluations, aimed at pupils who need to develop their cognitive skills through thinking about what they are doing.
4. Personal Me: Controlling emotions, building resilience, and self-esteem, aimed at pupils who lack motivation or confidence in PE or those who need to show resilience.
5. Healthy Me: Choosing healthy behaviours and attitudes, aimed at pupils whose negative impact on physical well-being would benefit from being more active for a period of time.

In Key Stage 1, teachers thoughtfully select children to participate, considering areas where they demonstrate strength and potential. Following parental feedback, we will be sending out a questionnaire to parents to complete so we can gather further insight into children's extra curricula sporting activities. This will aid teachers' selection process in 2025/26.

In Key Stage 2, children are surveyed annually to gather insights into their after-school club participation and the events or festivals they are most interested in attending.

This information, combined with observations of their enthusiasm and talent during PE lessons and knowledge of their involvement in sports outside of school, helps inform our decisions. When selecting children, we also consider how many competitions they may have already participated in, ensuring opportunities are distributed as fairly as possible.

We are fortunate to have a team of dedicated staff whose commitment has enabled us to take part in a significant number of events throughout the year, giving many children the chance to represent the school. While we make every effort to enter as many teams as possible, certain events are capped to accommodate participation from other schools within the partnership.

As part of our efforts to boost participation, we are also working to increase our competitive edge at these events. This progress is driven by our evolving PE curriculum and the expanded sporting opportunities we have been able to offer across the school year, ensuring children are better prepared and equipped to excel.

With the growing number of competitions on the calendar, we have increased our coaching capacity to ensure children are well-prepared for the challenges ahead—a strategy that has proven highly successful. We will continue to survey the children annually to maintain up-to-date records and ensure every opportunity is maximised. Additionally, we are always looking to expand opportunities for the children and would especially welcome anyone qualified in Tag Rugby, Tennis, or Hockey to get in touch.

The resilience and determination our children show at these events is something we are extremely proud of. Many festivals also include coaching tips provided by event organisers and young leaders, adding a valuable dimension to their experience. **Photos of the events can always be found on the school website, where you can see the children in action. As always, we greatly appreciate the continued support of parents in helping make these opportunities possible.**

Kind regards

Miss Hogbourne
PE Subject Leader